

Your Safeguarding Policy Was Written for the Playground. Your Risk Lives Online.

CYBERTRAUMA™ consultancy, safeguarding audits and board-level advisory from the UK's leading expert at the intersection of children, technology, and harm.

THE EXPOSURE YOU'RE CARRYING

If your organisation touches children — as customers, users, service recipients, or through your products and platforms — you carry safeguarding risk that most internal teams are not equipped to assess.

- **Regulatory pressure is accelerating.** Online safety legislation, regulator expectations, and investor scrutiny of ethical practice are all moving faster than internal policy cycles.
- **Generic safeguarding training doesn't cover the digital dimension.** Your people are trained for physical-world scenarios while the harm has moved online.
- **The reputational asymmetry is brutal.** One failure becomes a headline; a decade of compliance does not.

You don't need another workshop. You need a credible external expert who can assess your actual exposure, brief your board in their language, and leave your organisation with policy and protocols that stand up to scrutiny.

WHO YOU'RE WORKING WITH

Dr Catherine Knibbs developed CYBERTRAUMA™ theory (2016–2021) — the framework now used to understand the psychological harm caused by online experiences.

- Consultant Child and Adult Trauma Psychotherapist with 30+ years working with technology
- Published PhD researcher — her doctoral study of children aged 7–10 exposed to violence and gore online found 10 of 16 participants showing trauma signs comparable to post-traumatic stress
- Author of seven books, including *Online Harms and CYBERTRAUMA™* and *Children and Sexual-Based Online Harms* (Routledge)
- Journal Editor at Frontiers — Cybersecurity in Digital Mental Health
- Consultant to VR and AI services on safety-by-design
- Top 20 Most Inspiring Women in Cyber 2026 · National Cyber Awards winner 2025

She is the expert your board can quote — and the practitioner who has sat with the children your policy is meant to protect.

SERVICES

Safeguarding Policy Review & Audit

A structured review of your safeguarding policies, protocols and training against the realities of online harm. You receive a written report: gaps, risk-ranked findings, and a prioritised remediation plan.

CYBERTRAUMA™ Training for Your Teams

Evidence-led training for safeguarding leads, HR, legal and frontline staff — covering the topics generic courses avoid: grooming, sexual content, violence, exploitation — delivered without embarrassment and without fear-mongering.

Board & Executive Briefings

A 60–90 minute briefing translating online harm research into your governance language: liability, duty of care, regulatory horizon, and the decisions only the board can make.

Advisory & Retained Consultancy

Ongoing access for organisations embedding online safeguarding into products, services or governance — including policy drafting, incident protocol design and ethical review of digital decisions.

HOW AN ENGAGEMENT WORKS

1. **Conversation** — a confidential call about your organisation and exposure
2. **Scoping** — a proposal defining deliverables, timeline and access required
3. **Delivery** — audit, training or briefing, with findings documented
4. **Embedding** — follow-up review so the work survives contact with reality

What you walk away with: a written audit report and remediation plan · policies and protocols ready for governance sign-off · trained, confident staff · an expert your organisation can cite.

Engagements are scoped to your organisation and quoted at proposal stage, and secured with a non-refundable deposit.

Catherine Knibbs Ltd *The expert at the intersection of children, technology, and harm.*

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